

Event

- DATE: Sunday May 25, 2008
- PLACE: [Polyvalente Saint- Jérôme](#)

535 rue Filion
Saint-Jérôme, Québec
Ends may, 23th, 2008
On site 8:00o 9:00am.
9:15 AM. Sharp!
\$60.00 Can.
\$70.00 Can.
\$35.00 Can.
\$20.00 Can.
- REGISTRATIONS:
- REGISTRATIONS CONTROL:
- COMPETITION:
- TOURNAMENT COST:
- LATE REGISTRATION:
- BANQUET
- BANQUET CHILDREN UNDER 12:
- PAYMENTS: Certified cheque or money order
(One week before the competition)

Money (day of the competition)
- PAYABLE TO: [Gilles Labelle](#)
- RETURN ADDRESS: [Alain Courville](#)
268 Bl. Ste Adele
Sainte Adèle (Québec) Canada
J8B 1A8
(450) 229-7535

- SPECTATORS: \$5.00
- CHILDREN 7 TO 12 \$2.00
- CHILDREN UNDER 6 FREE

- FOR LODGING CALL: [Gilles Labelle](#) (450) 432-4570

General Rules

« Applying to all categories »

- 1) The participant must confirm his presence the morning of the competition
- 2) To compete in combat, you must be registered and participate in kata's
- 3) All recognized techniques shall be permitted.
- 4) A match will be deemed over when one contestant has scored an Ippon.
- 5) In the event that an Ippon has not been accorded, the contestant with the highest number of waza-ari will be declared the winner.
- 6) A contestant with a five waza-ari spread will be declared the winner.
- 7) Regarding ties:
 - a) The match will be extended by one minute (Total scores wins).
 - b) Regarding a second tie. (First score wins).
- 8) Throws and sweep will be permitted only if tatami (mats) are used.
- 9) It is interdict to grip the bogu
- 10) Absolutely no contact will be permitted to the back of the head, neck, back, knees, legs, thighs or groin.
- 11) All forbidden actions are subject to:
 - a) First action: a warning
 - b) Second action: a warning and a point to opponent
 - c) Third action: disqualification
- 12) Excessive contact to a non-contact area will result in a disqualification.
- 13) Excessive contact to the head protector shall result in automatic disqualification.
- 14) Disrespect or poor sportsmanship will not be tolerated and will result in disqualification.
- 15) An exit from the fighting area will give a wasa-ari to opponent at the second warning.
- 16) A contestant may score as long as he has one foot in bounds.
- 17) Groin cups and mouth guards are mandatory. (recommended with the men)
- 18) Will be allowed, only the protections approved by the organizers of the competition
- 19) No jewelry is to be worn by any contestant.
- 20) No Karateka may leave during black belt events.
- 21) White tee shirts may be worn under the gi.
- 22) Full uniforms are to be worn at all times.
- 23) Food and drinks must be kept outside the gym.
- 24) Absolutely no coaching is permitted during combat.
- 25) All must follow proper dojo etiquette.
- 26) The main referee shall not be the competitor's coach where possible.
- 27) An Ippon will be awarded
 - a) When a powerful technique, efficient and well controlled, is executed with correct form, synchronization, distancing (maii), and is terminated correctly (zanshin).
 - b) If a sweep or a throw is immediately followed by a technique that satisfies all criteria mention in A
 - c) If a contestant successfully realizes three uninterrupted techniques with no interruption from is opponent.

For more information please call [Shihan Gilles Labelle](#) at (450) 432-4570

Rules

Black Belt « Adults »

- 1) A wasa-ari will be awarded for a punch to the body or the face.
- 2) Two wasa-aris will be awarded for a kick to the face and **one** to the body.
- 3) There will be two contact areas: the head gear and the chest protector.
 - a) Full contact to the chest protector is permitted.
 - b) Controlled contact to the head protector will be permitted.
 - c) Excessive contact to the head protector will result in automatic disqualification.
- 4) Ippons are permitted only to the chest protector.
 - a) No Ippon will be awarded for contact to the head protector.
 - b) See Ippon description in the general rules. #27
- 5) Sweeps and throws are permitted but require a follow up technique. (Requires tatami)
- 6) Every competitor must wear the chest and head protector.
 - a) No safety kick and safety punch will be permitted.
- 7) Matches will be 3 minutes running time.

Rules

Brown and Blue « Adults »

1 Kyu, 2 Kyu, 3 Kyu, 4 Kyu

- 1) A wasa-ari will be awarded for a punch to the body or the face.
- 2) Two wasa-aris will be awarded for a kick to the face and **one** to the body.
- 3) There will be two contact areas: the head gear and the chest protector.
 - a) Full contact to the chest protector is permitted.
 - b) Controlled contact to the head protector will be permitted.
 - c) Excessive contact to the head protector will result in automatic disqualification.
- 4) Ippons are permitted only to the chest protector.
 - a) No Ippon will be awarded for contact to the head protector.
 - b) See Ippon description in the general rules. #27
- 5) Sweeps and throws are permitted but require a follow up technique (Requires tatami)
- 6) Every competitor must wear the chest and head protector.
 - a) No safety kick and safety punch will be permitted.
- 7) Matches will be 2 minutes running time.

Rules

Green and Orange « Adults »

5 Kyu, 6 Kyu, 7 Kyu, 8Kyu

- 1) A wasa-ari will be awarded for a punch to the body or the face.
- 2) Two wasa-aris will be awarded for a kick to the face and **one** to the body
- 3) There will be one contact area: the chest protector.
 - a) Full contact to the chest protector is permitted.
 - b) No contact to the head protector will be permitted
 - c) Control to the head protector will be permitted
 - d) Any contact to the head protector will result: (see gen. rules #11)
 - e) Excessive contact to the head protector will result in automatic disqualification.
- 4) Ippons are permitted only to the chest protector.
 - a) See Ippon description in the general rules. #27
- 5) Sweeps are permitted but require a follow up technique (Requires tatami)
- 6) Every competitor must wear the chest and head protector
 - a) Safety kick and safety punch will be permitted.
- 7) 2 minute fighting running time.

Rules

White and yellow « Adults »

9 Kyu, 10 Kyu

- 1) A wasa-ari will be awarded for a punch to the body or the face.
- 2) Two wasa-aris will be awarded for a kick to the face and **one** to the body.
- 3) There will be only one contact area: the chest protector.
 - a) Full contact to the chest protector is permitted.
 - b) No contact to the head protector will be permitted.
 - c) Control to the head protector will be permitted.
 - d) Any contact to the head protector will result: (see gen. rules #11)
 - e) Excessive contact to the head protector will result in automatic disqualification.
- 4) Ippons are permitted only to the chest protector.
 - a) See Ippon description in the general rules. #27
- 5) Sweeps and throws are not permitted.
- 6) Every competitor must wear the chest and head protector.
 - a) Safety kick and safety punch will be permitted.
- 7) 2 minute fighting running time.

Rules

Black belt « Junior 12 to 16 »

- 1) A wasa-ari will be awarded for a punch to the body or the face.
- 2) Two wasa-aris will be awarded for a kick to the face and **one** to the body.
- 3) There will be two contact areas: the head and the chest protector.
 - a) Full contact to the chest protector is permitted
 - b) Controlled contact to the head protector will be permitted
 - c) Excessive contact to the head protector will result in automatic disqualification.
- 4) Ippons are permitted only to chest protector
 - a) See Ippon description in the general rules. #27
- 5) Sweeps and throws are not permitted.
- 6) Every competitor must wear the chest and head protector
 - a) Safety kick and safety punch will be permitted.
- 7) 2 minute fighting running time

Rules

Brown and Blue « Juniors 12 to 16 » 1 Kyu, 2 Kyu, 3 Kyu, 4 Kyu

- 1) A wasa-ari will be awarded for a punch to the body or the face.
- 2) Two wasa-aris will be awarded for a kick to the face and **one** to the body.
- 3) There will be one contact area: the chest protector.
 - a) Full contact to the chest protector is permitted.
 - b) No contact to the head protector will be permitted.
 - c) Control to the head protector will be permitted.
 - d) Any contact to the head protector will result: (see gen. rules #11)
 - e) Excessive contact to the head protector will result in automatic disqualification.
- 4) Ippons are permitted only to the chest protector.
 - a) See Ippon description in the general rules. #27
- 5) Sweeps and throws are not permitted.
- 6) Every competitor must wear the chest and head protector
 - a) Safety kick and safety punch will be permitted.
- 7) 2 minute fighting running time.

Rules

Green to White « Junior 12 to 16 »
5th to 10 Kyu's

- 1) One Waza-ari will be awarded for a single technique to the chest protector
- 2) There will be only one contact area: the chest protector.
 - a) Full contact to the chest protector is permitted
 - b) No contact to the head protector will be permitted
 - c) No control to the head protector will be permitted
 - d) Any contact to the head protector will result: (see gen. rules #11)
 - e) Excessive contact to the head protector will result in automatic disqualification.
- 3) Ippons are permitted only to the chest protector.
 - a) See Ippon description in the general rules. #27
- 4) Sweeps and throws are not permitted
- 5) Every competitor must wear the chest and the head protector
 - a) Safety kick and safety punch will be mandatory.
- 6) 2 minute fighting running time.

Rules

Black belt « 11 and under »

- 1) A wasa-ari will be awarded for a punch to the body or the face.
- 2) Two wasa-aris will be awarded for a kick to the face and **one** to the body.
- 3) There will be one contact areas: the chest protector.
 - a) Full contact to the chest protector is permitted
 - b) No contact to the head protector will be permitted
 - c) Excessive contact to the head protector will result in automatic disqualification.
- 4) Ippons are permitted only to chest protector
 - a) See Ippon description in the general rules. #27
- 5) Sweeps and throws are not permitted.
- 6) Every competitor must wear the chest and head protector
 - a) Safety kick and safety punch will be permitted.
- 7) 2 minute fighting running time

Rules

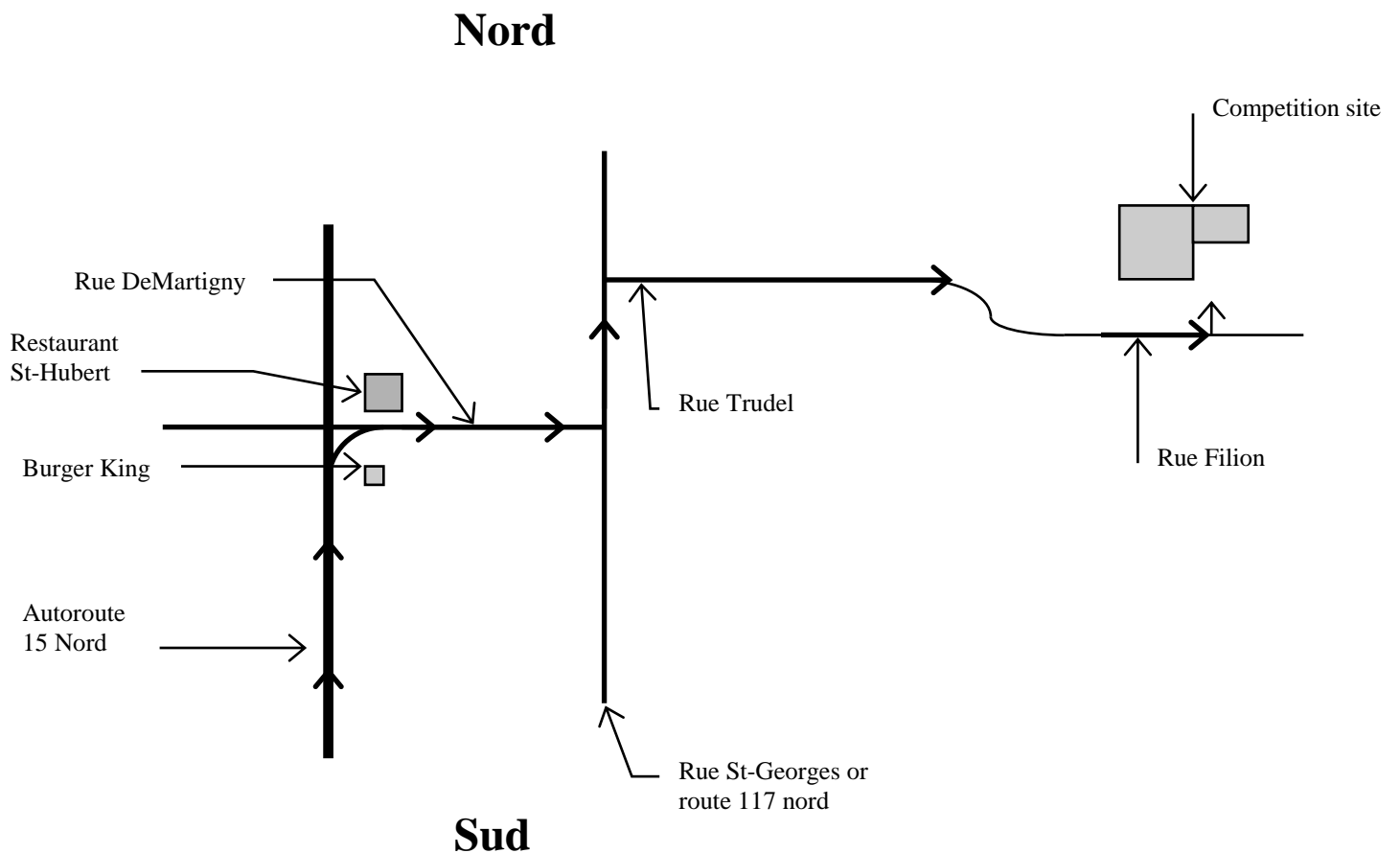
Black belt and colors belts

« 11 and under »

- 1) One Waza-ari will be awarded for a single technique to the chest protector.
- 2) There will be one contact area: the chest protector.
 - a) Controlled contact to the chest protector is permitted
 - b) No contact to the head protector will be permitted
 - c) No control to the head protector will be permitted
 - d) Any contact to the head protector will result: (see gen. rules #11)
 - e) Excessive contact to the head protector will result in automatic disqualification
- 3) Ippons are permitted only to chest protector
 - a) See Ippon description in the general rules. #27
- 4) Sweeps and throws are not permitted
- 5) Every competitor must wear the chest and the head protector
 - a) Safety kick and safety punch will be mandatory.
- 6) 2 minute fighting running time.

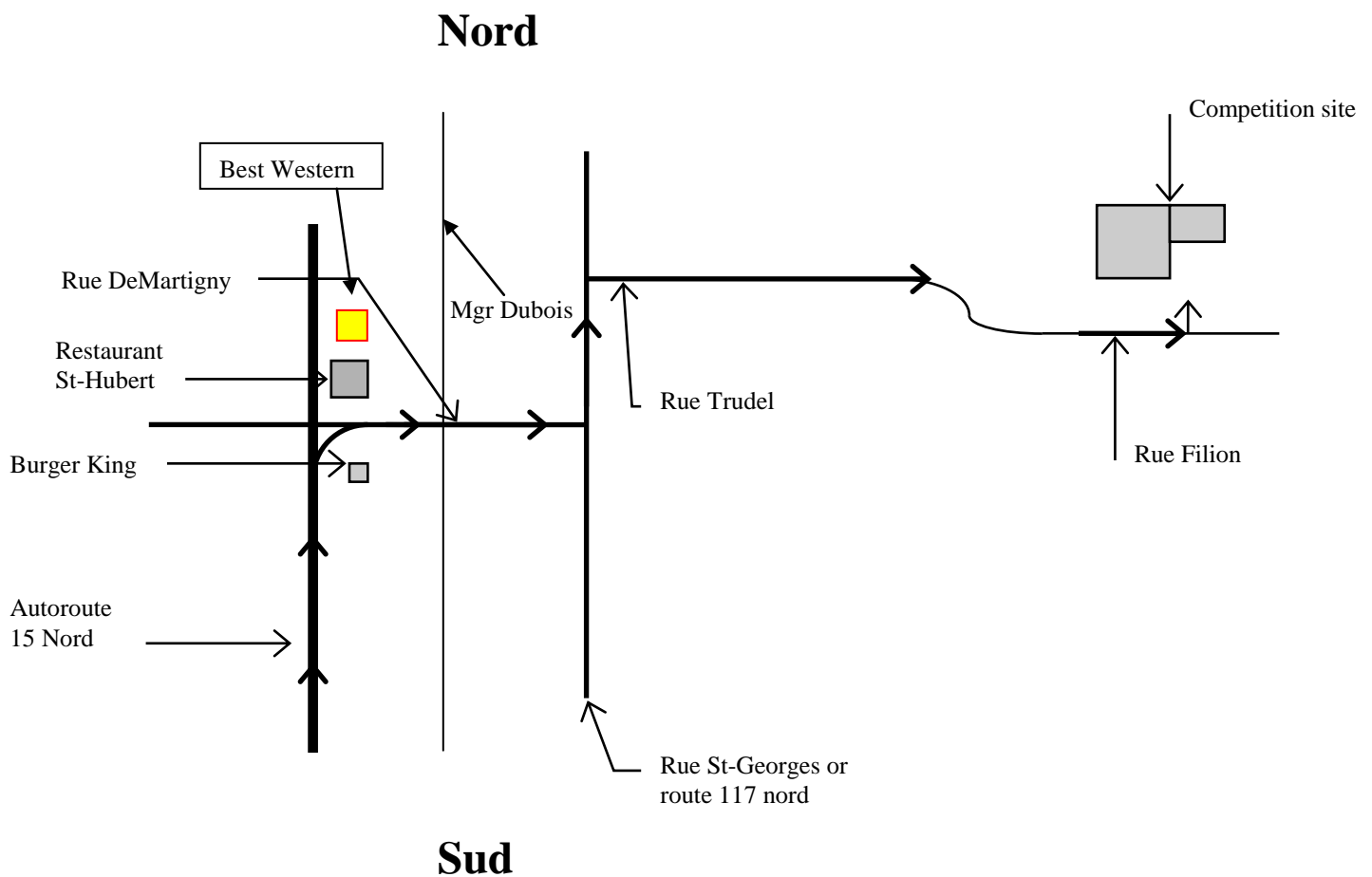
DIRECTION from USA

- Cross border from highway 87 north to 15 Nord.
- Always follow 15 Nord (North)
- Arriving to Montreal Exit Pont Champlain, 15 Nord
- Be careful check all exit and follow 15 Nord
- Exit 43 Est, Saint Jérôme centre ville, rue De Martigny to the end
- Left on Rue St-Georges
- (3rd Light) Right on Filion
- (1st Light) Dojo Shindo Budo Kwai Corner Trudel and Fournier
- For Competition site stay on Trudel and follow the signs, Competition, 535 rue Filion



DIRECTION from Montréal

- From 40 est
- Arriving in Montreal from 40 EST (East) Exit, 15 Nord
- From 15 Nord exit 43 EST Saint Jerome, centre ville, rue De Martigny to the end
- Left on rue St-Georges
- (3rd Light) Right on Filion
- (1st Light) Dojo Shindo Budo Kwai Corner Trudel and Fournier
- For Competition site stay on Trudel and follow the signs, Competition, 535 rue Filion



COMPETITION INSCRIPTION

Instructeur: _____
 Style: _____
 Adress: _____
 Zip: _____

School: _____
 Tel: (_____) _____
 City: _____
 prov. / state: _____

Name	First Name	M/ F	Age	Weight	Height	Belt /Kyu	Buffet	Fight	Kata	Kata Weapon
1-										
2-										
3-										
4-										
5-										
6-										
7-										
8-										
9-										
10-										
11-										
12-										
13-										
14-										
15-										

- **Please make sure that all information's are correct concerning all participants.**
- **Please use this sheet to gather information to be filled on web site:**
- www.shorinjiryu.net

Cost / At the Competition: \$70.00
 Cost / Competition: \$60.00
 Cost / Buffet: \$35.00
 Cost / Buffet 12 under: \$20.00

Total : _____